

**Shire of Wintermist,
Kingdom of Caid****CAID CALENDAR**

- Nov 10: Calafia Anniversary
- Nov 10: Isles Anniversary
- Nov 17: Frost Dragon/Naevehjem Anniversary
- Nov 24: Medieval Marketplace
- Dec 1: Winter Arts, California
- Dec 8: Yule for Gyldenholt/Iyondemere, Nordewache, & Altavia

**WINTERMIST CALENDAR**

- Nov 4: Culinary Fellowship Meeting
- Nov 6: Meeting of the Flourish
- Nov 10: Leatherworkers Fellowship Meeting
- Nov 11: Clothier Fellowship Meeting
- Nov 14: Shire Business Meeting Tony's Pizza on Mt. Vernon Ave 7:00 pm
- Nov 17: Wood/Metal workers Fellowship meeting
- Nov 15: Bardic Practice at Brendan's house
- Nov 20: Fiber Arts Fellowship Meeting
- Nov 27: Illumination Meeting
- Nov 30: Newsletter Articles Due
- Dec 1: Wintermist Anniversary & Yule
- Sundays at 10 am Fighter Practice at Patriot's Park

Tales from the Mist

From the Seneschal

Greetings people of Wintermist!

I want to thank everyone that came out to the demo on the 27th of Oct, Elena and Piroska for doing their part handing out flyers and manning the Chatelaine table, and the Horsemen for showing up and doing a bit of fighting, also all those that just came out in garb and brought out projects, I think we definitely attracted a lot of attention. And most of all to Lee and those that came out to help set up, it can be a big job. Kudos all around!

On another note, just a reminder that we have Frost Dragon coming up, for those that have never been, it's a great time, try and make it out, it's only an hour and forty-five minutes away! They put on a great tournament during the day and a feast in the evening, so make sure to bring feast gear if you plan on attending. The feast is \$17, but it's truly worth it, they go all out. Hope that you will join us and make it to the event.

~THL Kali Raqs Xahar

From the Chronicler

Once upon a time there was an author and illustrator named Master William Blackfox. He created a cartoon called Warthaven and was a huge supporter of SCA Chroniclers until he passed away in 1997. To honor his generosity of time and talent to the SCA, the Office of Society Chroniclers created the Master William Blackfox Awards which are awarded annually to recognize the Chroniclers and Contributors of Society newsletters as valuable resources for its members. Nominees are submitted for each of eight categories by the Kingdom Chroniclers to the judging panel and the awards are announced every fall. To read more about the award you can visit this website: <http://www.sca.org/officers/chronicler/blackfox-awards.html>.

While neither Tales From the Mist nor any of its entries were nominated (maybe next year!), there are several Caidan newsletters that were. The Barony of Drieburgen's newsletter, Drieburgen News was the Blackfox Award winner for Best Article, called "The Matter of Birthstones" by Mornay of Anglesay. To see newsletters for other areas, go to the Caidan newsletter exchange at <http://newsletters.caid-commons.org/index.php>. They have redone the site, so you will need to re-register to see the issues, if you have previously registered to the site.

~Lady A'isha al-Raqqasa

*Save your dryer lint in
a tin you keep on top of
your dryer. It makes the
fastest and most intense
burning fire starter ever
- even in the rain. (Just
keep the tin of lint dry)
A three inch ball and
some sparks will ignite
a bonfire.
~ Lord Miklos*

Wintermist Heralds Report for October By Manus le Dragonier, Wintermist Pursuivant

October was a busy month for the Wintermist Flourish with the Great Western War. Several of us worked at the Consultation Tables at the war in what turned out to be one of the busiest months for submissions to the College of Heralds in quite a while. At the College of Heralds meeting two weeks after the war we handled 81 separate submissions. Of those submissions 19 were from Wintermist. Also from the 19 there were only three returns for work. THLady Sarah as well as Estrith and Arghdal are to be commended for the time and work they put in for the Shire and Caid. As an added note the College of Heralds has asked that the Shire heralds oversee the Heralds Point at next year's Great Western War. It is an honor and a privilege to serve Caid in this manner.

I was recently asked why black and white line drawings are turned in with device and badge designs as well as color for the submission process. The main reason for this is for the use of scribes. Yes, they are for the people who illuminate and write the award scrolls! While the blazon for a device is the written description of what it looks like and the colors used there is some "flexibility" in that written form. By having the black and white line drawing if a scribe asks for a copy of your device they can see how *you* have had it drawn to your liking in the past. And if you have an unusual item or animal in your heraldry the scribe now has a picture to copy for the scroll. A worst case scenario is that they can trace it off the submission.

Here are the submissions that passed the CoH and were sent to the Laurel Queen of Arms. Final word should be returned in approximately six months.

- **Adeline of Berwick Upon Tweed;** device resub.
- **Miklos Bako;** device resub.
- **Bjorn inn Vikverski;** device submission
- **Galen de Leon;** device reblazon (this was an administrative act by the CoH)
- **Heinrich Augustin von Helden;** name and device
- **Isabel Silver (Kali);** resub household badge for Clan Muddyfoot
- **Mad Cellach;** name
- **Piroska Miklosne;** name
- **Sarah Minet,** new device
- **Sarus Cognomento Adawulfs,** name and device
- **Suniffa Jonsdottir,** name
- **Tabitha Leah of Samarra,** new device (most of you know this person as THLady Samrah)



Wintermist Yule and Anniversary



Please join us in on December 1st from 8am to 10pm at Redeemer Lutheran Church, 6225 Belle Terrace to celebrate the Yule season and the last tournament of the Year!

There will be Activities for everyone! There will be a Heavy weapons tournament to find our new Champion. We will have an Arts and Sciences competition. The theme is Snowflakes and the colors Red and White. Documentation is not required to enter but is greatly encouraged! There will also be an on the spot Promissory contest, youth activities, and even a visit from Santa! During the feast we will have a table decorating contest and gift exchange.

Feast Menu:

- Entremeses: (Hardtack) Pita chips with cured meats and cheeses, olives
- Primer Plato: Creamed Garlic Soup with Olive Oil toasted baguette slices
- Segundo Plato: Chicken with chickpeas, Creamed spinach with bacon, pan de bono (cheese bread)
- Postre: Marzipan fritters and drinking chocolate

Feast space is limited to 60 seats and 10 off board seats. Please contact Lady Tahira al-Fahida to reserve space.

Site Fees:

- Tournament: \$5.00 adult member, \$3.00 youth member, \$5.00 NMS for non-members
- Feast: \$10.00 adult member, \$8.00 youth member, \$3.00 off board seating

Merchant Information: No merchants space available due to site restrictions.

Things I learned being Camp mistress at Great Western War

The Horsemen have been camping together for years at the same events/sites and everyone pretty much knows where to camp and who goes where. I volunteered for the position of Camp Mistress for the Shire at Great Western War without giving it much thought, how difficult could it be?

When I began to think about it I got a little nervous. Our Facebook site showed 139 members and it suddenly struck me that we might not have room for everyone, especially since we needed communal space for the party and feast. Also, only about 20 people had pre-registered at that time. My first thought was I needed to know who was going to attend and how big were their tents, and if their tent was mundane or period. Ok, I thought, that's simple enough.

What I didn't take into account was the tents' footprint, how it was set up, if it had a canopy, where the doorway was etc. It was fortunate that Ketill was one of the first to respond since he had 3 people in his group and 3 different sized tents. This brought the problem of footprints to my attention. When I tried to work out how to get all 3 tents into the smallest space possible I ended up closing down my PC and going out for coffee, twice! EEK. At one point while working out the square footage I came up with the figure of over 1,200 sq. ft. just for Ketill's group. We had only been given 17,000 sq. ft. by GWW. Forget the coffee, where's the key to the liquor cabinet!

So a few explanatory emails later I began to get the information from everyone that I needed and it ended up being reasonably easy. The GWW land steward was a great help and since our site was next to open camping, so we were able to spread out as additional people turned up who had not pre-registered.

I got a photo of the site at 25' per inch, worked out how much each camper needed and the shape of their footprint, then cut out the footprint for each camper at approximately 25' per inch and shuffled them around until they fit, trying to keep in mind that the period pavilions went to the front of the camp, the mundane tents to the back where they would be semi-hidden and hopefully all the people who wanted to camp next to friends were.

Prior to the event starting, my figures showed that there were going to be 81 separate tents within our group, plus 18 people who had not pre-reg that wished to camp with us, and two groups who were not from Wintermist, The Legion and Al Wadi, both of whom had requested to camp with us. However, we ended up with only 52 tents on site, including Al Wadi. The Legion decided to move the open camping since 35 of them turned up, none of which had pre-registered!

Things I learned while setting up camp:

- After a summer of wearing flip flops, don't put on a pair of boots then work all day marking out camping sites. I had blisters bigger than my toes.
- Don't forget to wear a head covering, preferably with a big brim, while working all day in the sun!
- Use sunscreen – DUH!
- A case of water will only last one day when you are sweating in the sun.
- Wintermistians are great people who pitch in and help.

Thanks to everyone for making my job easier. I really enjoyed doing it and most of my fears proved groundless.

Katherine of Hornechurch

From the Fellowships

Greeting Wintermist.

We had a class for metal working and had a great time, sorry you missed it. We fired up the button furnace and cast a Legion of Courtesy medallion in bronze. An attempt was made in casting a small Thor's Hammer. Although it didn't work, we know why. If you have something in mind for the Shire or your own camp, talk it over with someone and we will see what we can do.

I would like to invite every one to the next meeting/class in December 15th. There will not be a class in November due to the Holidays.

Yours in Service
Galen

Continued on page 6

*Keep as much stuff
pre-packed and in one
place for any given
event as possible. Then
you won't have to
spend as much time
finding what you need,
and less of a chance of
leaving what you need
at home.*

~THLady Kali

Freeze some of
whatever drinks you
bring from home
(except soda or
alcohol) in ice cube
trays so when you
add ice, it doesn't
dilute your drink.
Works well with iced
tea.
~THLord Galen

Roman Honey-Spiced Parsnips & Carrots

Submitted by Lord Miklos Bako

Drawing on the expanse of the Roman Empire along the spice trading routes, this recipe presents a simple campfire dish that could easily have been served in any Roman encampment. Parsnips are the very close botanical cousin of the carrot, both of which have been cultivated and consumed in Europe and Asia for thousands of years. When cooked, parsnips have a sweet, butterscotch and cardamom spiced flavor. Carrots of course provide a more subtle sweetness, and the red onion, which was a staple in Roman dishes, provides a spicy and caramelized contrast. Honey, the sweetener of ancient times, rounds out the dish with a splash of Mead.

Ingredients:

- 2 lbs Parsnips (peeled & cut into ¼ inch thick strips)
- 2 lbs Carrots (peeled & cut into ¼ inch thick strips)
- 1 Red Onion (roughly chopped)
- ¼ Cup Olive Oil
- ¼ Cup Honey
- 1 tsp Cinnamon
- ½ tsp Anise Seed
- 1 sprig Thyme
- Salt & Pepper to taste
- ¼ Cup Mead (dry or sweet)
- ¼ stick Butter (not margarine)



Directions:

Bloom The Spices

Preheat a 12' cast iron skillet over low heat. Add olive oil, cinnamon, anise seed, and thyme leaves. Cook spices for a minute, being careful not to burn them.

Start With The Onions.

I wouldn't imagine a Roman soldier would carefully dice his onions, so just try to make them equal sizes but nothing fancy. We start with the onion because it requires a little more cooking time to sweeten than the rest of the ingredients. This is a "sweat" over medium heat; just two minutes should soften and sweeten the onions enough before adding the carrots.

Toss In Parsnips & Carrots

After sweating the onion for 2 minutes, toss in the parsnips and carrots, salting and peppering to taste. Continue cooking over medium heat for 15 minutes, stirring the vegetables regularly, until golden brown and almost cooked through.

Honey Deglazed With Honey Wine.

Drizzle the honey and cook until vegetables start to caramelize. This shouldn't take long, so pay close attention. Deglaze the pan with the Mead and increase the heat. Cook for an additional 2-3 minutes, until the liquid has evaporated and the carrots and parsnips are cooked through. Turn off the heat, quickly toss in the butter and toss, until fully glazed.

Optional Serving Ideas:

If you're looking to make this an entrée dish, add slices of salty meat (cured sausage, ham, etc) and cook with the onions. Then serve on a bed of saffron and cinnamon spiced rice. Mix it up (without the historical accuracy) by tossing in snow peas, baby corn, cashews, turnip slices, or sweet potato cubes.

Golden Apples of the Sun

From the Journal of Michael of Berwick Upon Tweed

November Anno Domini 1232

Where the road winds through a country side of well tended farms, I came upon a farm house with a large apple tree in its yard. Its branches were heavy with large golden fruit, and hung low over the road I was traveling. I stopped the horse and stood up on the wagon's seat, plucking a large apple from its stem and took a bite. The apple was deliciously sweet and juicy, and I soon reached for another, but stopped when I heard a voice screech "You brazen thief! You try to steal my apples right in front of my eyes!" I looked around and spotted an old woman sitting on the farm house porch, shaking a bony finger at me as she screeched about me stealing her apples.

I grabbed my peddlers bag and climbed down from the wagon. Approaching the farm gate, I pulled a bright blue ribbon from my pack and said to the old woman "My lady, I did not know that the apples belonged to you, as they are hanging over the road where any vagabond could take them. I would be happy to trade you this ribbon for the one I took if you would forgive me for taking it."

The old woman eyed the ribbon for a moment before turning up her withered nose. "What would I do with such a thing? My hair is so thin that I could never wear it."

I laid the ribbon on the gate and reaching in my bag again, this time retrieving a small porcelain bowl. It was a pretty thing, yellow like the apples with a bright blue design. "I might trade this for your forgiveness, and a few more apples" I said, presenting it to her.

The old woman got up from her perch and tottered over to the gate, taking the bowl from my hands and turning it over several times to admire the blue pattern. "Well, I might be willing to trade one or two of my fine apples for this ugly thing, the color is uneven and the design is crooked, there is even a chip look right there" she said pointing to a spot on the bottom that looked fine to me, "do you have anything else to trade for my apples? They are the finest quality you know."

I smiled at this, and made a great show of digging deep into my bag and produced a delicate porcelain spoon that matched the blue color of the bowl's design, and placed it in her hand. She cracked a toothless grin. Clutching the bowl and spoon she snatched the ribbon from top of the gate and hurried back to the door of her house. As she went in, she screeched over her shoulder "Have all the apples you want, they're full of worms anyway!"

I filled the wagon with as many apples as I could, and even presented a small pile to my horse, who ate them up with a great smacking of his lips. I sold all of the good apples in the next market for a very nice profit and the ones with worm holes I turned into a golden cider.

On these cold nights when the golden apple cider warms my chilled bones, I drink a toast to that old woman sitting on her porch eating from her yellow bowl, a blue ribbon tying back her thin hair.

*Looking for free
paints and stains for
your woodworking
projects? Contact the
local Waste
Management
Department, they
may have exactly
what you need free to
a good home!
~ Lord Duncan*

From the Fellowships, Continued

Greetings Clothiers!

Great Western War is behind us but Yule and 12th night are fast approaching. It's time for your fancy outfits! The ones you don't have to worry about camping in. I hope to see you all looking great for your holiday fun.

November 11th is the next scheduled meeting. Lady Tahira is doing a class on middle eastern garb. I plan to make a quick trip to F&M's on Friday the 9th, after work, if anyone wishes to join me.

December will be a busy month for everyone with the Holidays approaching. I don't have a formal class planned, but I intend to have several working sessions. Keep track of time and place on the Sewing Fellowship Facebook page. Let's keep those machines humming.

YIS - Estrith R.

String Fellowship,

The meeting will be the third Tuesday in November this month, (the 20th) only two days before Thanksgiving, so I hope that you interested fiber artists can make it to the meeting. This coming meeting I had a request to teach card weaving off the loom, so I'll bring my cards and some floss and see what we can do. All who are interested to learn this are welcome and I hope to see you there.

For the Dream,

~Lady A'isha al-Raqqasa

From the Chatelaine

Greetings From Your Chatelaine!

I am so excited to once again be helping people discover and learn to find their way into the amazing hobby we all enjoy! My office is wonderfully helped by the best deputy ever Kayla Bates! If you are interested in helping newcomers please come join us. (we have a lot of fun)

With our new chatelaine pop up and covers we are looking good. A huge thank you to Lady Kat! We can start to present a polished image to the people coming to see what we are about. We will be getting business cards for myself, my team and even members of the shire to hand out when they meet people in the course of our lives who might find what we do interesting. In the same vein we have begun to compile photos to make photo books of the various types of activities. So PLEASE...pretty please take pictures at demos, fighter practices, guild meetings, fellowship gatherings, events and send them to me. Throw them on a disc, a jump drive and or send them in a email. So we can remember and share. Our wonderful Seneschal Kali has led by example and gotten me a disc already!

We had a great turn out at the last demo at Central Park! Thank you to all the wonderful people who came out to support the shire! We had a lot of college students come by and have burned out our hand out supply.

If you have any interest in printing out handouts for us we would appreciate the help so we can get the word out!

Any one with questions or has a new comer who needs some assistance please refer them to me.

Yours in service to the Dream,
Lady Elena verch Gwalchmai

*Goodwill, Salvation
Army, or other
second-hand stores are
a great place to look
for feast gear, camp
chairs, lanterns, and
sometimes even garb
(that may need a
little modification.)
~Lady A'isha*

Wintermist Officers



Current Champion of
Wintermist and Protector of
the Flock



Sir Helgi Hrafnfaedhir

Photo by Isha



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Articles should be submitted to the chronicler, either in person or by e-mail (chronicler@sca-wintermist.org), and non-officer related articles should be accompanied by a media release form to allow permission to publish in Tales from the Mist. "Tales from the Mist" is created using MS Publisher templates. This month's template is called "Quadrant".

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